

### **Project Title**

PSPNET Families: An Ecosystem of Mental Health Resources and Supports for Public Safety Personnel (PSP) Families. Public Health Agency of Canada.

### **Project Summary**

PSPNET Families is an online wellbeing hub designed to support the specific yet diverse challenges faced by families of public safety personnel (PSP). We provide a wide range of resources described below.

### **Project Roles**

Dr. Nathalie Reid - Co-Principal Investigator

Dr. Heather Hadjistavropoulos - Co-Principal Investigator

Dr. Heidi Cramm - Co-Principal Investigator

## **Project Partners**

Wounded Warriors
Medavie Health Foundation
Families Matter Research Group
Wellbeing Innovation Lab
Queen's University

# **Project Funding**

Public Health Agency of Canada