



Project Title

Shifting the Focus: Shaping the Content for an Educator Wellbeing Course

Project Summary

This project seeks to create a community of Subject Matter Experts (SMEs) who will gather to shape the content for an 8-week educator wellbeing course. This course will then lay the foundation for a larger proposal (2024 SHRF Establishment Grant) to implement and evaluate the educator wellbeing in Saskatchewan to a) better understand the impacts of attending to educator wellness for the educators themselves; and b) to study the downstream wellbeing and academic impacts for their students.

Project Roles

Dr. Nathalie Reid - Principal Investigator

Project Partners

N/A

Project Funding

University of Regina: President's Seed Grant